

# 20 things that have gone out of date

- Prescription medications
- Creams and pain relief
- Sunscreen
- Band-aids
- First aid kit
- Cake decorating supplies (icing/ sprinkles)
- Soft drink
- Vitamins
- Asthma medication
- Fire extinguishers, smoke alarms
- Car restraints
- Meat and fish in the freeze
- Prams and strollers
- Gift vouchers
- Text books
- Uniforms for single events
- Alcohol
- Batteries
- Insurance policies
- Catalogues