

the art of *decluttering*

Serving Downsizing Clients Across Victoria

Are you overwhelmed with the thought of downsizing a lifetime of possessions? Are you unsure of where to start and what to take with you?

Do you feel burdened by the physical and emotional task of downsizing?

Do you want to relieve your family and friends of some of the pressure to support you physically and emotionally in this task?

We provide services and support in:

- ✓ Decluttering - helping you to curate what items to take with you, that will make your new house feel like home
- ✓ Management - taking donations to charity, organising rubbish removal, packing and unpacking in your new home
- ✓ Expertise - we treat you like family and help carry the emotional and physical load, to make this transition as smooth and stress free as possible
- ✓ Motivation - help to navigate the overwhelm and create dedicated time to achieve this move



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You've worked your magic!

I had accumulated over 30 years' worth of goods and furniture and was downsizing to a 2-bedroom unit. The prospect was daunting when you consider that I am in my 80s and my wife is in her late 70s. However, I needn't have worried at all.

The team were understanding, efficient, professional and reassuring. Their communication was proactive, regular and responsive and they kept their promises completely.

The whole job was done to our complete satisfaction. We are so glad that we found these people and decided to use them - it was worth every penny.

David S, Older Adult

www.theartofdecluttering.com.au/downsize

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Over a collective 30 years of organising, we have found the below lived experience to be true for those we work with

It's sometimes sad to be leaving a home you've created memories in, so we help you to honour the possessions that are important to you and will come to your new home. We also provide services to donate items no longer needed to charity.

We often overestimate how much we can fit into our new homes, we help you decide what furniture to take with you to best serve this new season of life.

Many people delay downsizing due the daunting job of going through all your possessions. We are experts in decluttering and work with you at your pace with your downsizing goals in mind.

Living in a messy and cluttered home has a detrimental affect on mental health. Creating functional spaces and safe environments is key to enjoying your new home and creating new memories.

Downsizing can be physically demanding and emotionally exhausting. Professional Organisers provide both physical and emotional support throughout the downsizing process. You can relax knowing we will help guide you through the whole process.



HOPE

Downsizing doesn't have to put unnecessary pressure on family relationships

Engaging a Professional Organiser to help you move house provides you with the physical and emotional support to downsize without the stress.

RESULTS

Experience true freedom from clutter as you declutter and organise for your new home

EXPERT TEAM

Patient and non-judgemental coaching and hands-on assistance

TEAM WORK

We can provide teams to get the move done in the timeframe that works for you

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Are you equal parts excited and nervous about downsizing? Are you looking forward to not having unused rooms in the house or having to clean two living areas? Are you dreaming about the hobbies and activities you can take up and new friendships you'll create?

Do you lie awake at night and wonder how you're going to take a lifetime of possessions and curate only the most important? What should you pass onto family or friends and what would you like to go to charity?

My team are passionate about helping you step into your new home without clutter or disorganisation. Freedom from clutter will open opportunities to explore new friendships, hobbies, activities and rediscover things you love doing.



My team are experienced Professional Organisers, supporting clients to declutter, live intentionally and are known for their professionalism, their love, and their compassionate and generous nature.

Amy Revell
Owner, The Art of Decluttering

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visit www.theartofdecluttering.com.au/downsize for packages and prices