

Serving NDIS Participants Across Victoria

The Art of Decluttering equips participants to:

- ✓ Help build independence in both children and adults
- ✓ Facilitate development of daily living and life skills
- ✓ Set up processes and systems to help homes run smoothly
- ✓ Help to create a safe, clutter-free and functional home
- ✓ Experience freedom from the overwhelm of household clutter
- ✓ Patient, non-judgemental coaching and hands-on assistance
- ✓ Support to develop routines, systems and habits that enhance everyday life
- ✓ Create a calm and relaxing space in which to meet participants' goals within their home
- ✓ Supports for children, teens and adults to meet specified plan goals



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Breath of fresh air

I have Multiple Sclerosis with extreme fatigue, pain and cognition issues. The team are professional, friendly, go at my pace, are non judgemental and not pushy. This is my path to freedom!

Marcelle, NDIS Participant

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These guys have been amazing!

Their staff adapt to any disability and they really listen to what you want and walk through each step as fast or as slow as you need them to. Can't recommend them enough.

Christie, Support Coordinator

We have experience helping children and adults with autism, post-traumatic stress disorder, acquired brain injuries, visual impairment, chronic diseases, multiple sclerosis, ADHD, anxiety disorder and depression, just to name a few.

www.theartofdecluttering.com.au/ndis

hello@theartofdecluttering.com.au

Over a collective 30 years of organising, we have found the below lived experience to be true for all those we work with

Meal planning and preparation can be difficult for those with executive dysfunction. Decluttering and organising in the kitchen and pantry makes it much easier to complete these daily tasks with independence.

Getting ready for the day can be stressful for both parents and children. Having morning routines and organised spaces will help children be able to find what they need and build independence.

Depression, anxiety and living with clutter can be a vicious cycle. Non judgemental professional support with decluttering can be an important part of mental health management.

Living in a messy and cluttered home has a detrimental affect on all family members. Creating functional spaces and safe environments is key to successful family life and healthy relationships.

Fatigue and overwhelm are common among those with complex health conditions. Professional Organisers are experienced at creating a calm and relaxing space in which to meet participants' goals within their home.



HOPE

CHANGE IS POSSIBLE!

Living in a home with clutter has physical, emotional and psychological impacts on health and wellbeing.

Engaging a Decluttering and Organising Expert provides the physical support and coaching to live a life free from the burden of clutter.

“ Do you, or someone you support, struggle with clutter, disorganisation and overwhelm in trying to manage household activities or achieve goals related to activities of daily living?

My team are passionate about supporting NDIS participants with decluttering and organising services to achieve goals, improve daily living, life skills and support independence.

We do this by providing practical coaching, helping participants declutter and organise their homes as well as set up processes and systems for lasting change; all so they can experience the freedom that comes from simplicity and organisation.



My team are experienced professional organisers, supporting participants with both physical and psycho-social disabilities and are known for their professionalism, their care, and their compassionate and generous nature.

Amy Revell
Owner, *The Art of Decluttering*

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Suitable line items for our services

Decluttering and Organising Services

NDIA APPROVED LINE ITEM - CAPACITY BUILDING

Improved Daily Living Skills

15_056_0128_1_3 Assessment Recommendation Therapy or Training - Other Professional

ALTERNATIVE LINE ITEMS

please ensure your plan states use of these line items for our services before selecting one of these for billing

Assistance with Daily Life

01_027_0115_1_1 Assistance In A Shared Living Arrangement

Increased Social and Community Participation

09_008_0116_6_3 Innovative Community Participation
(suitable for participants at risk of social isolation)



Online Decluttering and Organising Courses

CORE SUPPORTS

Assistance with Daily Life

01_134_0117_8_1 Capacity Building and Training in Self Management and Plan Management

CAPACITY BUILDING

Improved Daily Living Skills

15_038_0117_1_3 Training For Carers/Parents

15_035_0106_1_3 Assistance With Decision Making Daily Planning and Budgeting

NDIS PLANS

Suitable for plan managed and self managed participants

SERVING ALL AGES

Our team work with children, adolescents, adults and families

EXPERT TEAM

Patient and non-judgemental coaching and hands-on assistance

visit www.theartofdecluttering.com.au/ndis for packages and prices